



Fall Kaleidoscope 2026
A Day of Adult Learning
Session Packet

Founders Lodge Event & Conference Center at Camp Dellwood
7201 Girl Scout Lane, Indianapolis, IN 46214
November 7

Information

- Registration: Opens Monday, September 21; Closes Sunday, October 27
- Camp Dellwood/Founders Lodge (7201 Girl Scout Lane, Indianapolis, IN 46214)
 - + Check-in starts at 8 a.m.
 - + Kaleidoscope Kick-Off at 8:40 a.m. near the flagpole
 - + Carpooling is encouraged
 - + CPR/First Aid Certification is a hybrid session - online training before the session at Kaleidoscope (additional \$70)
 - + Level 1 Archery – offered both Saturday and Sunday (additional \$65)
 - + Hatchet and Slingshot safety certification (additional \$25)
 - + Outdoor cooking class cooks their own lunch
 - + Session 5 is informal, roundtable conversations with time to debrief
 - + The overnight stay includes bunk, activities, Saturday night dinner and light breakfast on Saturday/Sunday mornings (additional \$15/night - \$25/both nights)
 - + NEW LEADERS & CO-LEADERS ATTEND FOR FREE! Email with discount code sent to you.
 - + **Reminder:** If you will not be attending a class during a session, please select “not attending/shopping.”
 - + **There are no refunds for Kaleidoscope, however, you can send someone in your place.**

Schedule of the day

Color Key	Session 1 9-10:15	Session 2 10:25-11:40	Session 3 1:00-2:15	Session 4 2:25-3:40	Session 5 3:50-4:30
Outdoors	AI to the Rescue	Advanced Geocaching	Archery (continued)	Archery (continued)	Archery (continued)
New Volunteers	Backpacking and Hiking Adventures	Archery	CPR/First Aid	Building Your Troop Tribe	Dellwood Tours
Service Team	Connect & Celebrate: Crafting SU Experiences	Camp Properties and gsEvents	Hatchets & Slingshot Certification	Crochet Mats	Multi grade troop
Arts & Crafts	CPR/First Aid	Candle Making	Higher Awards	Daisy/Brownie Outdoor Games	New Leader conversation
STEM	Mission: STEM Possible DBJ	Ceremonies and Traditions	Hosting a Camporee	Knots & Lashing	Service Unit connections
	Dutch oven care & cooking part 1	CPR/First Aid renewal only	Knives	Line Dancing	Troop Management
	Fire building and safety	Dutch Oven Cooking part 2	Leather Craft	Make & Take: Felt Needle Book Sewing Kit.	
	Girls that Lead Success	High Adventures Older Girls	Maps & Compasses	Meaningful appreciation & recognition	
	Hatchet & Slingshot Certification	Morning Stretch	Outdoor Skills (Basic)	National Park Badges	
	Macrame	Overnight Outings and Adventures	Plan it, Do it, Own it	Orienteering	
	New Leader Workshop	Project Learning Tree	Songs/How to host a Sup & Sing	Personal Self Care	
	Speak Up & Stay Safe CSA	STEM: Mission Future Ready CSA	SWAPS & Kaper Charts	Primitive Shelters	
	Working with Girls of all Abilities	The Organized Troop Leader	Troop Travel - 3 days +	Troop Finance 101	
	Not attending - shopping	Not attending - shopping	Not attending - shopping	Not attending - shopping	Not attending - shopping

Session 1 (9:00-10:15 a.m.)

AI to the Rescue – The Girl Scout Leader Edition Discover practical ways to use AI to save time planning meetings, activities, trips, communications, and more. Learn tips for creating better prompts and using AI responsibly as a Girl Scout volunteer

Backpacking and Hiking Adventures Do you want to take your troop on a backpacking trip or extended hike, but don't know where to start? Learn the backcountry living skills and trail etiquette necessary for backpacking and hiking adventures!

Connect & Celebrate: Crafting SU Experiences That Shine Get inspired to create a Service Unit that supports your volunteers and your girls. We will talk about how we make our volunteer meetings fun and inspiring for adults (hint: snacks, activities to take back to your troop, and adult friendships). Then we will review some of the more successful events our service unit has hosted. Last but not least, learn about making a newsletter to share information with everyone.

CPR/First Aid Certification(all) Every troop needs one person who is First Aid/CPR certified. This is the perfect opportunity! This is a hybrid course: complete the training from home, then test out in-person. Please be sure to bring your certificate with you. (Additional \$70)

Mission: STEM Possible DBJ A Hands-On STEM Workshop for Girl Scout Leaders & Volunteers with Daisy, Brownie, and Junior Troops! Mission Briefing:

Your mission, should you choose to accept it, is to become a STEM Agent! Complete a series of hands-on challenges, use creativity and teamwork, and collect ideas you can take back to your Girl Scout troop.

Dutch oven cooking and cast-iron care (BJCSA) This class is 2 sessions. Learn more about caring for Dutch Ovens, cast iron skillets and pie irons. Tips and tricks for cooking and cleaning them. Learn various outdoor cooking methods, age level progression and safety. Cook over the campfire using roasting forks, pie irons and Dutch ovens. Learn of products to help with preparation and cleanup of the equipment. Come hungry and eat what you make for lunch! This is class is session 1 and session 2

Fire building and safety Fire building (all) Learn one of the most important parts of the camping experience, fire building! Explore different techniques, how to safely ignite and put out a fire, along with tips and tricks to start a fire quickly. Hands-on skill development you can bring back to your troop.

Girls That Lead Succeed (All Levels) Girl-led doesn't mean leader-less. Learn how to create opportunities for girls to lead while providing the guidance they need to succeed. Explore practical strategies for encouraging decision-making, increasing engagement, building confidence, and helping girls take ownership of their troop experience. Leave with tools and ideas to create a troop culture where girls lead, learn, and succeed.

Hatchets & Slingshots (all) Join us for an adult safety training around slingshots and hatchets. By taking this course, you will be able to utilize the slingshots and hatchet courses at our Girl Scouts of Central Indiana camp locations for your future camp adventure! **Additional \$25. Max of 15 per class**

Macrame Discover how fun and relaxing macramé can be while you build confidence with a few essential knots. You'll leave with a beginner project and ideas for helping your Girl Scouts make their own creations.

New Leader Workshop (NL) Learn the essentials of troop management and safety while making sure girls are having fun. This session is the same as the online training.

Speak Up & Stay Safe CSA Discover positive, age-appropriate ways to teach girls about roadway safety—from playful passenger activities for little ones to leadership opportunities for teens. Explore engaging, evidence-based programs that help girls buckle up, speak up, recognize unsafe behaviors, and make safer choices as passengers and future drivers. Leave with free, ready-to-use resources that can help your Girl Scouts become confident roadway safety champions at every age.

Working with Girls of all Abilities Explore how psychological safety and inclusion can help create a troop where girls of all abilities feel valued, supported, and empowered to participate and lead. Through hands-on activities and real-life scenarios, you'll experience practical strategies for adapting communication, activities, and troop meetings to meet different needs while building belonging for everyone, not just neurodivergent Girl Scouts. You'll leave with tangible ideas, tools, and activities you can take directly back to your troop and put into practice at your next meeting.

Session 2 (10:25-11:40 a.m.)

Advanced Geocaching for Girl Scout Adventures Go beyond basic geocaching and learn how to create your own temporary geocaching adventure for meetings, campouts, and events. Practice setting up caches, creating clues, and experiencing a mini geocaching course yourself.

Archery Level 1 Archery Certification (BJCSA) This certification is required to lead archery with girls and is a hybrid class, with online training completed before test day. This class begins at 8 a.m. and ends after lunch. Additional \$65 (maximum of 10 participants, also offered on Sunday 9-4)

Camp Properties and gsEvents (all) Girl Scouts learn so much about nature and themselves when having outdoor experience. Explore the unique differences of GSCI's 4 camp properties, what age/grade level appropriate for successful camping experiences, as well as applying the Girl Scout Law to camping expectations. Discover the amazing events GSCI offers to all girls and some hacks to find the programs that fit your troop

Candle Making Explore beginner-friendly candle-making skills—from choosing wax and wicks to pouring clean, even candles. Participants leave with a finished candle and practical steps they can use to guide their troop through the same craft.

Ceremonies and Traditions -includes Flag (all) Learn how to instruct a simple flag ceremony, as well as holidays and ceremonies in Girl Scouts. Leave this session with an understanding of their importance and fun ways you can celebrate!

CPR/First Aid- renewal test out If you earned your CPR/First Aid certification 2 years ago and still feel confident in your skills, you can renew by attending the in-person review and hands-on test. You'll go over the key materials and demonstrate the required skills without completing the online portion again. Cost is \$30

Dutch oven cooking - (BJCSA) This class is 2 sessions. Learn more about caring for Dutch Ovens, cast iron skillets and pie irons. Tips and tricks for cooking and cleaning them. Learn various outdoor cooking methods, age level progression and safety. Cook over the campfire using roasting forks, pie irons and Dutch ovens. Learn of products to help with preparation and cleanup of the equipment. Come hungry and eat what you make for lunch! This is class session 1 and session 2

High Adventures with Older Girls Learn the life skills, and their importance, your older girls develop on high adventure activities! Learn best tips for planning and preparation. High Adventures challenge girls to try new activities, build confidence, and get them outside of their comfort zones.

Morning Stretch - Stretch and move just for you. Take time for you to feel your best.

The Organized Troop Leader: Setting Yourself and Your Girls Up for Success Feeling overwhelmed by troop management? You're not alone! Join us for a fun and encouraging session filled with real-life tips, organizational tools, and troop leadership strategies. We'll explore ways to engage families, manage behaviors positively, stay organized, and empower girls to take the lead in their troop experiences. Perfect for new leaders and experienced volunteers looking for fresh ideas and renewed inspiration (D/B/J)

Overnight Outings and Adventures Learn about safety requirements, tips, & tricks for taking your Daisy, Brownie, or Junior troop on an overnight adventure!

Project Learning Tree Project Learning Tree is part of the Indiana Department of Natural Resources and produces environmental education activities, resource guides, and professional development for educators of all ages and settings. In this training you will gain knowledge and skills to share outdoor environmental activities with your Girl Scouts.

Session 3 (1:00-2:15 p.m.)

CPR/First Aid Certification(all) Every troop needs one person who is First Aid/CPR certified. This is the perfect opportunity! This is a hybrid course: complete the training from home, then test out in-person. Please be sure to bring your certificate with you. **(Additional \$65)**

Hatchet & Slingshot Certification **Hatchets & Slingshots (all)** Join us for adult safety training around slingshots and hatchets. By taking this course, you will be able to utilize the slingshots and hatchet courses at our Girl Scouts of Central Indiana camp locations for your future camp adventure! Additional \$25. Max of 15 per class

Higher Awards and how to support the girls Your support can make all the difference in your Girl Scout's Highest Award Journey. Join us to learn an overview about the Bronze, Silver, and Gold Awards, discover ways to mentor without taking over, and gain the tools and confidence to help your Girl Scout achieve her goals.

Hosting a SU Camporee (Service Team; all) Is your service unit ready for a camporee but you're not sure how to make it a fun, successful weekend? Tips and tricks to create a positive camping experience for all grade levels, from meal plans to evening activities and themes, this session helps you nail it!

Knives Learn basic knife skills using both kitchen knives and pocketknives, with clear steps to stay safe. Leaders will leave ready to teach Girl Scouts age-appropriate knife safety and simple cutting skills.

Leather Craft Create a personalized work of art that any girl can make regardless of age, and tips to keep it inside a GS budget.

Maps & Compasses Learn how to use a compass, tips and tricks and play games that will help build navigational skills for both you and your girls.

Outdoor Skills (Basic) This class covers the essentials you need to know before you go camping with Girl Scouts. Through the lens of girl progression we will discuss guidelines, planning a camping trip, troop management in the outdoors, reservations and paperwork.

Plan it, Do it, Own it Resources that make troop leadership easier Explore the key Girl Scout resources that make troop leadership easier and more fun. Learn how to streamline planning and shape a leadership style that feels natural and uniquely yours

Songs - How to host a sup & sing Sing, laugh, and learn the Girl Scout favorites while building a ready-to-use plan for hosting a “Sup & Sing.” Not only can you learn new songs to teach the girls; this session gives you everything you need to run a fun, low-prep event girls love—one that can be a SU event or older-girl money earning activity.

SWAPS & Kaper Charts: Traditions That Build Leadership (All Levels) Explore two beloved Girl Scout traditions that build friendship, responsibility, and leadership. Learn the history of SWAPS, create and take home several completed SWAPS, and discover creative ideas you can use with your troop. You'll also learn how Kaper Charts help girls develop teamwork, ownership, and leadership through shared troop responsibilities. Leave with hands-on projects, ready-to-use examples, and practical tools to bring these timeless traditions to life in your troop.

Troop Travel - 3 days+ If your troop is planning a longer trip this year or next, come learn how to prepare. What questions to ask your scouts, the caregivers, and even yourself. Learn about the required forms, notifying council and other helpful tidbits of information!

Session 4 (2:25-3:40 p.m.)

Building Your Troop Tribe: Engaging Caregivers for Success (All Levels) A thriving troop starts with strong relationships. Explore proven methods for connecting with caregivers, building trust, encouraging participation, and creating a culture where everyone feels valued. We'll discuss communication tools, caregiver meetings, volunteer engagement, and appreciation strategies that help create a stronger, more sustainable troop experience for girls, families, and leaders.

Crochet Mats Learn how to turn everyday plastic bags into durable crochet mats that provide comfort and protection for people without homes. Volunteers will leave with simple, troop-ready techniques and guidance for helping Girl Scouts turn this meaningful craft into a take action or service project. Max 15

Daisy-Brownie Outdoors Ready to step outside with your Daisy or Brownie troop? We'll share tips for focusing attention, helping girls use all their senses and discover what lives in the woods. Wear closed-toe shoes and be prepared to explore camp.

Knots and Lashing Progression Learn how to build knot-tying skills from simple beginner knots to more advanced knots and lashings. Practice hands-on techniques and discover activities that make these traditional outdoor skills fun for different Girl Scout age levels.

Line Dancing – Ready for a little movement and fun? Find the beat with your feet for line dancing.

Make and Take: Felt Needle Book Sewing Kit. We will work with felt and learn simple stitches to make a pocket-sized sewing kit. While you work, your facilitator will share some tips and tricks for teaching sewing to young children. This project is simple enough for beginners as young as 8, so you can take it back to your troop for an upcoming meeting. The workshop is geared toward complete beginners, and we'll have everything you need to finish. (15 max)

Meaningful Appreciation & Recognition (service team; all) Come with questions and paper, leave with a deeper understanding of the importance of recognition for adults, girls and graduating seniors. Meaningful appreciation and recognition can be achieved in any sized group, financial standing, or collective identity/group culture. Learn ways to celebrate others' achievements and simply being themselves

National Park badges and achievements (juniors, CSA) Is there a state or national park on your bucket list? Enhance those trips by earning Hoosier Quest patches at state parks, or Junior Ranger/Girl Scout Ranger pins. These free and/or low-cost programs can help your Girl Scouts learn more about park history and resources, challenge them, and give them the chance to leave the parks better than they found them through volunteer service. Plus, it's fun!

Orienteering (JCSA) Compasses 101 - Learn how to use a compass, tips and tricks and play games that will help build navigational skills for both you and your girls.

Outdoor Skills (Basic) Maybe you've camped with your family, or you've never camped before. Before you roll up the sleeping bags, make sure you know what to expect. This class will focus on fire safety, tent camping, and cover all aspects of Safety Activity Checkpoints.

Personal Self Care Be your best - leader, person, human (all) You give so much to others—what about you? In this 75-minute session, discover simple strategies to refuel your energy and keep your best self-shining at home, at work, and everywhere in between.

Primitive Shelters Are you an experienced camper who wants to build your outdoor survival skills? Learn how to use simple materials to protect yourself from the elements in case of emergency. This is a hands-on class, so please dress for the weather. (Max 12)

Troop Finance 101 (NL; all) Join us for a practical and informative session designed to help bank signers confidently manage troop finances. We'll walk through how to use the Finance Tracking Sheet, review signer role requirements for troop and service unit bank accounts and share best practices for safeguarding and managing troop funds. You'll also discover helpful tips and time-saving hacks to make completing your troop annual report easier and more efficient. Whether you're new to the role or looking for a refresher, you'll leave with tools and resources to support a successful troop year.

Session 5 (3:55-4:30 p.m.)

Grab a snack, take time to talk about the day. Join a roundtable conversation of your choice

Topics

Dellwood Tours (all) – take time to see the 150 acres of Camp Dellwood. During this time experienced leaders will take you via golf cart to some of the hidden assets and fun activities troops and adults can do at camp.

Managing a multi-grade level troop (all) If you are a multi-grade level volunteer, join us to discuss troop management strategies, while ensuring girls have the time and resources to complete grade level awards and badges.

New Leader Connection Café 3:50-4:30 p.m. (New Leaders/All Levels) You've learned a lot today. Now it's time to connect with the people who will be walking the same path. Join fellow new troop leaders for a relaxed, interactive conversation designed to help you build your support network, share ideas, ask questions, and leave feeling confident about the year ahead. Whether you're feeling excited, nervous, or somewhere in between, you'll find encouragement, practical tips, and new friends who understand the adventure you're beginning.

Service Unit connections Creating a welcoming service unit Every service unit is different, and yet many of us struggle making connections with new volunteers. Learn tips and tricks to increase local participation and create an atmosphere of solidarity and friendship for everyone.

Troop Management This guided roundtable invites leaders to discuss real world troop management topics—from communication to planning to parent engagement. Participants will exchange tips and leave with fresh, workable solutions.

Questions? Contact customercare@girlscoutsofindiana.org

