

Girl Scout Caregivers: How Can You Help?

Want to play a meaningful role in your Girl Scout's experience, but not sure where to start? Consider this the ultimate cheat sheet for all-star Girl Scout caregivers—no matter how busy you may be! And remember when you help with her troop, you're not only doing her troop leader a favor but also modeling leadership for your girl. She'll be prouder than ever to call you hers.



If You Have 15 Minutes a Week, offer to...

Organize and manage the calendar for troop snacks or carpools. There's no need to provide goodies or buckle up the girls every week yourself! Simply helping other caregivers sign up and commit to future meeting dates will make meetings go smoothly for everyone.



If You Have 30 Minutes a Week, offer to...

Manage troop communications for the troop leader. This can mean anything from sending texts to caregivers to updating them with changes to the schedule, maintaining the troop's social presence, or organizing an old-fashioned phone tree in case of an emergency.



If You Have 45 Minutes a Week, offer to...

Take photos or videos at troop meetings and events. Leaders are often too busy to document exciting moments, so your help will likely be well-received. Be sure all Girl Scouts have signed photo releases and they're filed with your council before snapping and sharing images.



If You Have 1-2 Hours a Week, offer to...

Lead part of a troop meeting or guide Girl Scouts through earning a specific badge. You can introduce them to a topic that you have special expertise in or explore a new activity and learn alongside the troop!



If You Have 2-3 Hours a Week, offer to...

Take on the role of cookie volunteer for your Girl Scout's troop. You'll be playing a key part in the Girl Scouts Cookie Program, which raises funds for troop activities and teaches financial skills, how to be confident when speaking publicly, and how to collaborate as a group.

No matter how you contribute to your Girl Scout's troop, seeing you play an active role in their experience will give them a sense of pride—don't be surprised if when their Girl Scout friends start to admire and appreciate you, your Girl Scout sees you in a whole different light! Plus, getting involved gives you something special that your part of together, which in our busy lives, is worth its weight in gold.

Caregiver Involvement Form

Caregiver's Name: _____

Mobile Phone: _____ Home Phone: _____

Email: _____ Text: Yes or No

Running a quality Girl Scout troop requires the involvement of All caregivers. Please check how you and/or other adults in your family will support your girl's troop. Submit as soon as possible to get your first choice.

Times Available:

Weekdays: _____ from to _____

Weeknights after: _____

Saturday: _____

Sunday: _____

Ways You Can Help:

Check the positions that you would prefer

(*indicates volunteer application and membership registration completed)

- *Leader/Co-Leader: Plans/assists in leading activities, communicates with caregivers
- *Treasurer: Reconciles bank statements
- *Troop Cookie Manager: Organizes cookie sales
- Event Coordinator: Plans events/field trips for troop to participate in
- Service Project Coordinator: Organizes and plans service projects
- *Activity Chaperone/Driver: Drives, serves as adult helper at activities trips
- *First-Aid Caregiver: Certified in CPR and first aid. They must attend any camping event
- Phone Tree Chair: Makes phone calls in the case of last-minute changes or emergency
- Snack Coordinator: Organize and schedule snack rotation for meetings
- Badge Coordinator: Takes a specific badge or Journey and plans activities to fulfill its requirements
- *Meeting Helper: help at each meeting with already planned activities
- *Cookie Booth Chaperone: Serves as adult coordinator and cookie booth supervisor
- *Fall Product Manager: Organizes Fall Product sale
- *Camp Caregiver: Certified camper. Assists in planning/leading camp out activities
- Troop Photographer: Takes photos and posts to online site or memory book