## **Apple Quest Patch**

This patch will encourage girls to discover the importance of apples in our lives, connect to local farmers and orchards, and take action by finding ways we can make a difference in our community with what girls learn.

Each age level has specific activities to complete to earn the Apple Quest patch. Make sure to complete the starred activities.

### DAISY AND BROWNIE GIRL SCOUTS

www.pollinator.org or visit a

working bee farm - Hunter's

huntershoneyfarm.com

Honey Farm

- Daisies complete at least 4 activities, including the starred activities
- Brownies complete at least 5 activities, including the starred activities
- 1. \*Go on an apple scavenger hunt with your troop to a local grocery store or farmers market. See how many foods have apples in them make a list. Find out if any apples that are sold are locally grown.
- 2. \*Visit an apple orchard or cider mill. Pick apples and bring them back for a snack at your troop meeting. Save some apples to donate to a local food bank or other community group.

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3. Find out all you can about Johnny Appleseed and trace his journey on a map as he planted apples across the United States.	OR	4. Read "How to Make An Apple Pie and See the World" by Marjorie Priceman. Find all the countries on a map of the world.
5. Bring 6 different kinds of apples to a meeting and make a chart about the differences in shape, skin texture, color of fruit, juice, taste, and the color of the skin.	OR	6. Find at least four recipes using apples and make a small cookbook.
7. Find out why bees are so important to apples (and other food!). Learn more about bees and how to protect them with Pollinator Partnership	OR	8. How many fruits and vegetables should you eat each day? Find out at <a href="https://www.choosemyplate.gov">www.choosemyplate.gov</a> . Make a menu for a day including an apple as part of

a meal or snack.

#### JUNIOR GIRL SCOUTS

grow them here?

Complete at least six activities, including the starred (\*) ones.

- 1. \*Visit an apple orchard or cider mill. Talk to the owner or employee and find out about the process involved in growing apples. Pick apples to donate to a local food bank or other community organization.
- 2. \*What does the expression "An apple a day keeps the doctor away" mean? Why are apples important to nutrition? Make up a healthy menu for a week that includes an apple a day. Check out http://www.choosemyplate.gov to find out how to plan a healthy menu.
- 3. \*Learn the different ways an apple grower controls pests and disease. Find out about Rachel Carson and how she changed the way pesticides are used in growing (check out her website at www.rachelcarson.org)
- 4. \*Find six different types of apples and where in our council they are grown. Chart the locations on a map and research why that variety of apple grows best in each location.

5. Bake an apple pie (or other apple treat) and share it with a younger girl troop. Share your experiences in earning this patch.	OR	6. Find six healthy apple recipes and bind them together into a troop book. Try making at least two!
7. How do deer and other animals impact apple orchards? What do local farmers do to respect wildlife but protect their trees?	OR	8. Find out why bees are so important to apples (and other food!). Learn more about bees and how to protect them with Pollinator Partnership www.pollinator.org or visit a working bee farm – Hunter's Honey Farm www.huntershoneyfarm.com
9. Visit a grocery store and visit with a produce manager. Make a list of different apple varieties and where they are grown. How are apples packed and shipped to your community? Why do grocery stores ship apples when we	OR	10. Visit a local farmers market and talk to the farmers who grow apples. What are organic farms? How do they grow and harvest all of their apples?

# **Apple Quest**

## Indiana Apple Orchards with "U Pick" option-

- Tuttle Orchard Greenfield, IN
- Anderson Orchard Mooresville, IN
- Beasley's Orchard Danville, IN
- County Line Orchard Hobart, IN
- Garwood Orchards La Porte, IN
- Pleasant View Orchard Fairland, IN
- Huber's Orchard and Winery Borden, IN

## Other Indiana Apple Orchards

- The Apple Works Trafalgar, IN
- Jacob's Family Orchard New Castle, IN
- Stuckey Farm Sheridan, IN
- McClure's Orchard and Winery Peru, IN

### **Central Indiana Farmers Markets**

- Carmel Farmers Market
  - o Saturdays, 8:00 11:30 am, Carmel Clay Center
- Fishers Farmers Market
  - o Saturdays, 8:00 am 12:00 pm, Nickel Plate District Amphitheater
- Noblesville Farmers Market
  - o Saturdays, 8:00 am 12:00 pm, Federal Hill Commons
- Westfield Summer City Market
  - o Saturdays, 9:00 am 1:00 pm, Westfield City Hall Lawn
- Binford Farmers Market
  - o Saturdays, 8:00 am 12:00 pm, Northview Church
- Broad Ripple Farmers Market
  - o Saturdays, 8:00 am 12:00 pm, Broad Ripple High School
- Cumberland Farmers Market
  - o Saturdays, 8:00 am 12:00 pm, Cumberland Town Hall
- Garfield Park Farmers Market
  - o Saturdays, 9:00 am 12:30 pm, Garfield Park
- North Church Farmers Market
  - o 1st, 3rd, & 5th Thursdays, 4:00 6:30 pm, 39th Street
- Original Farmers Market
  - Wednesdays, 9:30 am 1:30 pm, Indianapolis City Market
- Irvington Farmers Market
  - o 2<sup>nd</sup> Sundays, 12:00 3:00 pm, Ellenberger Park
- Statehouse Market
  - o Thursdays, 10:30 am 1:30 pm, Robert D. Orr Plaza
- Southport Farmers Market
  - o Tuesdays, 10:00 am 2:00 pm & Thursdays, 3:00 6:30 pm, Bethel Community Church

- Lebanon City Market
  - o Tuesdays, 5:00 8:00 pm, 98 W Main. St
- Zionsville Farmers Market
  - o Saturdays, 8:00 11:00 am, Corner of Main & Hawthorn Street
- Brownsburg Farmers Market
  - o Thursdays, 4:00 7:00 pm (Through Sept 5<sup>th</sup>), Town Hall
- Plainfield Chamber Farmers Market
  - o Wednesdays, 4:00 7:00 pm (Through Sept 11th), Plainfield Friends Church
- Greenwood Farmers Market
  - o Saturdays, 8:00 am 12:00 pm, Greenwood United Methodist