

Journey: Between Earth & Sky: Part 1

This journey is called “Between Earth and Sky” and is about some clever flower friends taking a trip across the country. On this Journey, we'll be traveling through a story. This story is make-believe, so we won't need any suitcases at all. We just need to listen closely and enjoy everything that happens to the flower friends on their trip. Go ahead and read “A Road Trip to Remember” and think about these questions:

- Have you ever traveled to faraway places? Where did you go? What did you see? What do you remember packing for your trip?
- Have you ever taken a road trip or watched someone leave on a trip? What did people say to you when you were leaving? What did you say to the people who were about to travel?

Steps:

1. Blue Bucket and Luggage Tag
2. Conflict Role-Play
3. Taking a Walk, Outdoors or In
4. Have a Great Trip!
5. Lupe's Powder-Blue Petal-Power Car & Role Play
6. A Walk in Nature to Find Colors
7. How We're Feeling

Purpose:

When I have earned this award, I'll be aware of my feelings and the feelings of those around me.

Step 1: Blue bucket and luggage tag

Materials:

- “A Road Trip to Remember” from journey guidebook
- A container that can hold slips of paper and can be decorated
- Art supplies (paint, construction paper, markers, etc.)
- Cardboard or sturdy paper
- Scissors
- String

During this journey, we will be using our “Blue Bucket” (or whatever container you have) to hold slips of paper showing different thoughts, words, and feelings. Take some time to decorate your important bucket so you can show them off at the end of your journey! We will also be making a luggage tag or a bookmark and decorate it with the words “have a good trip” in all the languages you are going to learn on this journey. Be sure to

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leave enough room to write several phrases on it. If you want to get extra artsy, here are some bookmark ideas using [mod-podge](#), [tie-dye](#), and [tassles](#)!

Step 2: Conflict Role Play

Materials:

- Blue Bucket
- Slips of paper
- Pen or pencil

Part of being a Girl Scout is to be friendly and helpful, considerate and caring, and to respect others. Some of the ways Girl Scouts can show these qualities is in times of conflict. Have you ever had a conflict with someone? A conflict is a disagreement or sometimes an argument with someone. Let's role-play to see how we could act during a conflict. Pair up with another Daisy or sibling or parent and role-play (act out different situations that you might find yourself in).

Pretend:

- It's been raining out all morning but now the rain has stopped. You're at a friend's house, and you're trying to decide what to do. Your friend wants to stay indoors and draw pictures. You want to go outdoors and splash in the rain puddles. Neither of you wants to change your mind, but you both want to play together. When two or more people disagree about something and neither is willing to give in, it is called a conflict. They don't have to quarrel or use angry or loud voices or mean words, but they have different views of the same situation. In this case, you and your friend disagree about what you want to do. What could you do to end this conflict so you and your friend can play together and have a good time?

One of you might let your friend have her way and say, "Let's do what you want to do. Next time, we can do what I want to do." You might agree to do both things. You could first go splash in some puddles and then come inside, dry off, and draw pictures together. You might agree to do something else altogether, like playing games with a younger brother and teaching him something you've learned in school. How does it feel to find a way to make you and your friend happy?

When you work things out like this with a friend, it's called "compromising." That's a good way to get along with people. On this Journey, we're going to collect good ways to talk with one another and good ways to get along. We're going to collect them all in a

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blue bucket--like the blue buckets we'll see the flower friends riding in when we hear the story of their road trip.

Capture your ideas on slips of paper and place them in your "blue bucket".

Step 3: Taking a walk-- outdoors or in

Materials:

- Access to an outdoor spot with fallen leaves, twigs, seeds, or nuts
- If you are staying inside, a variety of these items: leaves, twigs, seeds, nuts, etc.
- Paper
- Crayons

When we go outside, it's very important to enjoy nature without disturbing it. We "leave no trace" when we're in nature. That means we can pick up natural items like leaves, twigs, nuts, or seeds that have fallen to the ground. You shouldn't disturb, pick, or pluck living things. That means not disturbing any plants or wildlife, including their homes--like bird nests--even if they seem to be abandoned. We will draw the item we've collected when we come back in. If you are working with one or more girls, you are all going to collect the same type of object. Decide together what it should be. If there is a conflict on what item should be chosen, work together to find a solution that all girls will be happy with.

Watch this [video](#) on 'Leave No Trace' before you go outside so you are prepared to go outside.

Now you're going to draw what you collected. Pay close attention to any of the unique features your item has. For example, if you collected leaves, do any of the leaves have a bite out of them? If you chose acorns, are any of them longer than round? If you collected pinecones, do any have seeds falling out or bits broken off? Also, take some time to see how your piece of nature feels. When finished drawing, sit in a circle (if multiple girls), put their natural items in the center, and talk about what they learned about their item. What did you learn about the item you sketched? Were there any surprises? Was there something new you hadn't noticed before? If multiple girls and multiple sketches, can you match the objects to the sketches? How many can you match? (Don't count your own, and don't give away which one is yours!) What makes it easy or hard to match the real things to the drawings?

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Step 4: Have a great trip!

Materials:

- Luggage tag/bookmark
- Pen/pencil/crayons/markers

Today we will say “have a great trip” in French, a language spoken by Mari the marigold. In French, “Have a good trip” is [“Bon voyage”](#) (click for pronunciation)! Bon voyage is also used in Turkish, so Tula the tulip, whose family is originally from Turkey, might know the phrase too. Add “Bon voyage” to your bookmark with crayons, markers, and any decorations you have.

Step 5: Lupe’s powder-blue petal-power car & role play

Materials:

- “Lupe’s Powder-Blue Petal-Power Car” from journey guidebook
- Blue bucket
- Slips of paper
- Pencil or pen

Read “Lupe’s Powder-Blue Petal-Power Car” up until page 4 when Lupe says, “I’m sprucing up my car. I’m getting ready for a road trip.” Think about these questions:

- What do you think of Lupe's car? Does it look fun to ride in?
- What parts of the car do you recognize from nature?
- What parts of the car have you never seen before?
- Did you notice how the car is the same color as Lupe?
- If you could build a car, what would it be like? What color would it be?

Now read the rest of the story.

Pair up with another Daisy or sibling or parent and role-play (act out different situations that you might find yourself in). Remember the part of the story where Zinni offers to help her friend Lupe? Role play this situation:

- You and your mom stop at your friend’s house to pick her up and walk to school together. Your friend is running late. She’s rushing to get ready and seems upset. What do you do? Would you yell at your friend and say things like Hurry up! We can't wait for you! Why aren't you ready? How would that make you feel? Would you tell her not to rush and that it's okay to be a little late? Would you offer to

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make sure she has everything she needs? Her lunch? Her backpack? Her gloves and hat if it's cold out? What else might you do to be helpful and caring?

Decide on important ways to be helpful and caring and write them down and add them to your blue bucket.

Step 6: A walk in nature to find colors

Materials:

- Sheet of paper
- Box of crayons
- Flower friends' themes

Take a walk outside to find all the wonderful colors of nature. But first, let's start with you naming your favorite colors. Remember that each flower friend is a different color. Write down some of your favorite colors on the sheet of paper and ask your parents and siblings what their favorite colors are. Try writing them down using the same colored crayon as the name of the color. Go outside and try to find objects that match all the colors you wrote down. Take the sheet of paper with you or take a picture of it. Write down things you found that have those colors on it! If you want, play "I Spy" with the different colors. Answer these questions:

- How many colors did you find from our list?
- Were there any you couldn't find?
- Did any colors you found outdoors surprise you at all?

Colors are often tied to feelings. For example, people often think of yellow as a sunny, happy color. And sometimes they use the word blue to mean sad. But flower friend Lupe is blue and she isn't sad! Blue can also be the color of a pretty summer sky, and the color of the ocean. Words and colors sometime can mean more than one thing. Here is an interesting [article](#) for mom, dad, grandparents, or guardians on colors in the child's bedroom!

Step 7: How we're feeling

Materials:

- "Blue Bucket"
- Slips of paper
- Pen or pencil

Our feelings can be different, from day to day and minute to minute. We might feel happy when we wake up in the morning but feel mad a short time later. And then

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something might make us laugh and we feel happy again. At other times, we might be bored, or nervous, or sad. Different things that happen to us can cause different feelings. Having different feelings for different things is good. What makes you happy might not make other people happy. And what makes you sad might not make other people sad. Knowing how other people around you feel helps you be a better friend. It's good to share our feelings with other people. Wrap-up question:

- What is the most important thing you've learned so far about feelings and talking about them and getting along with others? Write these down as well as what you'd like to teach others and place them in your blue bucket.

This is the end of the first part of this journey. Write how you're feeling on slips of paper and put it in your bucket. You have now earned the blue bucket award, good job! You have put in a lot of work so far. Keep going to keep earning different parts of the award.