Cadette – Eco Trekker

Let’s work on the Eco Trekker badge together! Learn more about how to plan and take an outdoor trek—with minimal environmental impact. Start by watching this video, then use the suggested links and do your own research to complete the requirements!

Step 1-2 Investigate Eco Trekking Issues
Step 3-5 Trek and Make a Difference

1. Learn how to make minimal impact on a trek
Take the Leave No Trace Awareness course
OR
Talk to a local conservancy group or outdoor enthusiast about how to make minimal impact. Make sure to ask what land, air, or water concerns there are in your area.

2. Plan an eco trek with a purpose
Find out where you can take a trek near you, and think about what land, water, or air issues you might find on the trail.
Indiana Hikes and Trails
And/Or
Learn about invasive species in your area and plan a trek where you might encounter it

3. Practice an eco skill on your trek
Take note of durable surfaces where you might camp, and any areas where the trail might be compromised. Remember your leave no trace principles.

4. Make a difference on your eco trek
Explore a water, wildlife, or invasive/native species issue on your trek. Think of solutions or contact local rangers/conservationists to see how you can help.

5. Make a difference after your eco trek (see next page)
**Chance to win:**
To enter for a chance to win a camp shirt in the weekly drawing, send photos or a video of your “Make a Difference” choice to Allie.

**Make a difference after your eco trek:**

**Make a video of your eco trek.** Put together a short documentary of your trek and the environmental issue you explored. Share it with your troop, school, family, and friends. Get a discussion going after your presentation to talk about possible solutions.

OR

**Make an art installation.** While on your eco trek, collect human-made, littered objects (while wearing gloves!) you find along your journey. Create a sculpture or art presentation with these objects. Display your work at school or a community place to inspire others.

OR

**Start an awareness campaign.** Create awareness to get the word out in your school and community about the environmental issue you explored. Create a flyer, write a blog, or design a newsletter.