

## Cadette – Eco Trekker

Let's work on the Eco Trekker badge together! Learn more about how to plan and take an outdoor trek—with minimal environmental impact. Start by watching this [video](#), then use the suggested links and do your own research to complete the requirements!

### **Step 1-2 Investigate Eco Trekking Issues**

### **Step 3-5 Trek and Make a Difference**

#### **1. Learn how to make minimal impact on a trek**

Take the [Leave No Trace Awareness course](#)

OR

Talk to a local conservancy group or outdoor enthusiast about how to make minimal impact. Make sure to ask what land, air, or water concerns there are in your area.

#### **2. Plan an eco trek with a purpose**

Find out where you can take a trek near you, and think about what land, water, or air issues you might find on the trail.

Indiana [Hikes](#) and [Trails](#)

And/Or

[Learn about invasive species](#) in your area and plan a trek where you might encounter it

#### **3. Practice an eco skill on your trek**

Take note of durable surfaces where you might camp, and any areas where the trail might be compromised. Remember your leave no trace principles.

#### **4. Make a difference on your eco trek**

Explore a water, wildlife, or invasive/native species issue on your trek. Think of solutions or contact local rangers/conservationists to see how you can help.

#### **5. Make a difference after your eco trek** (see next page)

**Chance to win:**

To enter for a chance to win a camp shirt in the weekly drawing, send photos or a video of your “Make a Difference” choice to [Allie](#).

**Make a difference after your eco trek:**

**Make a video of your eco trek.** Put together a short documentary of your trek and the environmental issue you explored. Share it with your troop, school, family, and friends. Get a discussion going after your presentation to talk about possible solutions.

OR

**Make an art installation.** While on your eco trek, collect human-made, littered objects (while wearing gloves!) you find along your journey. Create a sculpture or art presentation with these objects. Display your work at school or a community place to inspire others.

OR

**Start an awareness campaign.** Create awareness to get the word out in your school and community about the environmental issue you explored. Create a flyer, write a blog, or design a newsletter.