

Kroger Zero Hunger/Zero Waste Patch

How do you become a Kroger Zero Hero? You can make a huge impact and difference when you earn this badge. Let's do our part as Girl Scouts to wipe out hunger and waste with our friends at Kroger. There is so much to learn, and with small changes you can make a difference in our world. We are in this Hunger and waste struggle together. While challenging ourselves to become aware in our communities, will make a better functional society. Start by watching this [video](#), then use the following suggested material list to complete this amazing heroic badge.

Material list:

- Paper and pen (to make a grocery list)
- Calculator (to add the costs of food at Kroger for your budget)
- Markers and construction paper (to make your signs)
- Vegetable seeds or vegetable plants (to get your garden planted)
- Pots and dirt (for your garden)
- 5-gallon bucket (for your compost bin)
- Small designated recycling waste bin (for your kitchen)
- Access to the internet (to do research with your family)

Watch each video in order:

[Step One:](#) What is the SNAP Program?

[Step Two:](#) What is food insecurity?

[Step Three:](#) What is the Gleaning Movement?

[Step Four:](#) What is a food desert?

[Step Five:](#) Why is Zero Waste important?

[Step Six:](#) Why is Recycling Important?

Zero Hero [Video!](#)

COMPLETED THE PATCH? GREAT WORK! PATCHES ARE AVAILABLE AT THE GIRL SCOUT SHOP.