

Girl Scout Families and Caregivers: How You Can Help.

Want to play a meaningful role in her Girl Scout experience, but not sure where to start? Consider this the ultimate cheat sheet for all-star Girl Scout parents—no matter how busy you may be! And remember when you help with her troop, you're not only doing her troop leader a favor but also modeling leadership for your girl. She'll be prouder than ever to call you hers.



If You Have 15 Minutes a Week, offer to...

Organize and manage the calendar for troop snacks or carpools. There's no need to provide goodies or buckle up the girls every week yourself! Simply helping other parents sign up and commit to future meeting dates will make meetings go smoothly for everyone.



If You Have 30 Minutes a Week, offer to...

Manage troop communications for the troop leader. This can mean anything from sending texts to parents to confirm meeting dates or to update them with changes to the schedule, maintaining the troop's social presence, or organizing an old-fashioned phone tree in case of an emergency.



If You Have 45 Minutes a Week, offer to...

Take photos or videos at meetings and Girl Scout events. Leaders are often too busy to document every exciting moment, so your help will likely be well-received. Just be sure all girls have signed photo releases and they're on file with your council before snapping and sharing images.



If You Have 1–2 Hours a Week, offer to...

Lead part of a troop meeting or guide girls through earning a specific badge. You can introduce them to a topic that you have special expertise in or explore a new activity and learn alongside the troop!



If You Have 2–3 Hours a Week, offer to...

Take on the role of cookie volunteer for your girl's troop. You'll be playing a key part in the Girl Scout Cookie Program, which raises funds for troop activities and teaches girls financial skills, how to be confident when speaking publicly, and how to make decisions and collaborate as a group.

No matter how you contribute to your girl's troop, seeing you play an active role in her experience will give her a sense of pride—don't be surprised if when her Girl Scout friends start to admire and appreciate you, she sees you in a whole different light! Plus, getting involved gives you something special that you're part of *together*, which in our busy lives, is worth its weight in gold.

Parent Involvement Form

Parent's Name: _____

Mobile phone: () _____ Home phone: () _____

Email: _____ Text _____ Yes _____ or _____ No

Running a quality Girl Scout troop requires the involvement of All parents. Please check how you and /or other adults in your family will support your daughter's troop. Submit as soon as possible to get your first choice

Times available:

Weekdays from _____ to _____

Weeknights after _____

Saturday: _____

Sunday: _____

Ways you can help

Check the positions that you would prefer

(* indicates volunteer application and membership registration completed)

- *Leader/Co-leader(s): Plans/assists in leading activities, communicates with parents
- *Treasurer: Reconciles bank statements
- *Troop Cookie Manager: Organizes cookies sales
- Event Coordinator: Plans events/field trips for troop to participate in
- Service Project Coordinator: Organizes and plans service projects
- *Activity Chaperone/Driver: Drives, serves as adult helper at activities trips
- *First-Aid Parent: Certified in CPR and first aid. They must attend any camping event
- Phone Tree Chair: Makes phones call in the case of last minute meeting/activity changes or emergency
- Snack Coordinator: Organize and schedule snack rotation for meetings
- Badge Coordinator: Takes a specific badge or Journey and plans activities to fulfill its requirements
- *Meeting Helper: help at each meeting with already planned activities
- *Cookie Booth Chaperone: Serves as adult coordinator and cookie booth supervisor
- *Fall Product Manager: Organizes Fall Product Sale
- *Camp Parent: Certified camper. Assists in planning/leading camp out activities
- Troop Photographer: Takes photos and post to online site or memory book