



Camp Adventure Patch

As a registered Girl Scout individual or Girl Scout Troop you can earn the Camp Adventure Patch by visiting each of Girl Scouts of Central Indiana's five camps. You can buy the patch for that camp or wait and buy all five at once. All the patches are available at each of our service center showcases.

As you prepare to visit the camp of your choice make sure you look thru the requirements for that camp before heading out. Some requirements may need items to be brought from home to be fulfilled.

You can also add in the requirements for each grade level to help you earn the "It's Your Planet, Love It" journey as you visit each camp. You can buy the journey badges as you finish the journey from your closest service center showcase.

Camp Dellwood, located at 2301 N Girl School Rd, Indianapolis, IN 46214

1. Hike the Wildflower Trail. The hike takes about a day, so bring water and a snack. You can ask for a self guide packet from the showcase.
 2. As part of the wildflower trail you will encounter the Brownie Tree. Think about uses for the tree. Take a look inside and outside, what is happening with the tree.
 3. Find a tree! This activity directs the participants to examine a tree carefully without the sense of sight. Select a fairly level, partially wooded area. Have the girls work in teams of two. One girl wears a blindfold or simply closes her eyes. The sighted girl selects a tree and leads the blindfolded girl to that tree. The unsighted girl then examines the tree in as many ways and places as possible, feeling, smelling, hugging, etc. When finished, the blindfolded girl is led back to the start by a different route. The blindfold is removed and the person tries to find her tree. Afterwards, the girls switch roles. This activity helps girls to realize that each tree, although different, is beautiful and valuable in its own way.
 4. Look around camp and identify at least five different types of trees. Use a tree book to help you identify the trees.
 5. As a group, discuss what it would be like to be a squirrel at Camp Dellwood. Describe what it would be like in each season. Where would you live and find food?
 6. Learn the Dellwood song. Check with the showcase for the words.
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Camp Dudley Gallahue, located at 6857 Bear Creek Rd, Morgantown, IN 46160

1. While you are at Camp Gallahue, make a meal or dessert in a dutch oven.
 2. Dutch Oven Cobbler: Place a can of pie filling in the bottom of a Dutch Oven. Add a box of cake mix, (any flavor). Do not mix it with eggs, water or oil. Use it completely dry. Sprinkle pieces of butter on top. Place in the coals with lid on. Place coals on lid to bake from both top and bottom. Check after 15 minutes. Bake until brown and bubbling.
 3. Visit each campsite. Compare and contrast all of them. Why would each have a different theme?
 4. If you have a lifeguard available, try canoeing at the lake, swimming, or just relaxing at the beach.
 5. Hike part of the Hills of Gallahue. It is under construction and the best part to hike is from Village to Harley's Hill to Art Colony and over to Reservation. Follow this back to the main road. Please do not use the old map going around the lake at this time.
 6. Look through camp for the many different animals, flowers, trees and insects. Keep a log of what you see. You could also sit and draw what you see.
 7. Try a compass hike: Pick a place at one end of camp, either at the barns or at the end of Ardath. Write that point on your paper, then pick another point nearby such as the fire bowl. Take your compass and write down the bearing, or direction to the next point. If you need help on how to read a compass, refer to your Outdoor Education in Girl Scouting manual or check out a book from the local library. After you have finished going from one end of your hike to the other, trade your coordinates with someone else and see if they can do it correctly.
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Camp Ada, 4731 W CR 600 S Spiceland, IN 47385

1. Camp Ada has two sets of woods, the Big Woods and Small Woods. As you walk the trails through each one, note the many insects and animals you see and hear. Try to identify at least three new insects and animals.
2. Hike the Turkey Trot Trail.
3. Girl Scouts Care for the Earth is an ongoing service project from GSUSA. Examine the items your group brought with you to Camp Ada and ask the following questions about each item:
 - Is it made from a renewable resource?
 - Will it last a long time?
 - Does it come without a package?
 - Is the package recyclable? Or made from recycled material?
 - What will happen to this when I am finished with it?
 - Is it biodegradable?
 - Did it hurt the Earth to make this?
 - Will it hurt the Earth to use this?
 - Do I need a bag for this?
4. Try one of the games the camp has available. Gaga pit, teams course, and/or the rope runners.
5. Draw or paint a picture of a scene or object at Camp Ada. Use charcoal, water paints or some other style.

Sycamore Valley Camp, 8439 SR 26 E, Lafayette, IN 47905

1. Visit Mary's Ring. Have a ceremony there to remember all those who have helped you and your troop.
2. Hike to the Mary Rutter Memorial. Take a lunch or snack to sit and look out over the hillside. Mary's husband Donald dedicated the memorial with these words;

"This quiet place we dedicate,
Her love for us we consecrate,
Her smile will creep into our mind,
She'll find peace if it's there to find,
Our Mary Aubrey Keeney Rutter."

3. Try your footing on the rope bridge. Your troop can time each other; see who is the fastest to cross. Try different ways of walking across.
 4. Go to the Woodland Theater, and have a campfire, put on skits on the stage. Sing songs around the campfire.
 5. Hike to Wild Cat Creek and explore the creek bed. Go creek stomping, if the water is not too high.
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Camp Na Wa Kwa, 7865 E CR 300 N, Poland, IN 47868

1. Hike past the old barn and find the fossil creek beds.
2. Stop by the secret fire ring and have a camp fire or special ceremony for your troop.
3. Try Ada Goonie, get the book of directions from the ranger.
4. Hike past the primitive camping and visit Peanut Butter pond.
5. Stop at the creek at the bottom of Americana, and creek stomp.
6. Hike to the pine trees near Trail Blazer unit. How many pine trees are there?

Additional Activities utilized “It’s Your Planet, Love It” Journey

Girl Scout Daisies- Between Earth and Sky

You can do these activities at different camps. As you do these activities, you will be able to put it toward earning your Journey badge.

- Take a hike thru camp
- Look for shapes in nature. As a group, decide on one shape or type of object to look for. When you are done, have everyone talk about their object. Why did they pick it up?
- Explore colors in nature. Either take a free paint swatch from a paint store or have the girls color squares of their favorite colors on a piece of white paper. Use that to find the color in nature.
- Hike and look for seeds from trees and plants. Seeds sometimes stick to their clothes. Acorns and nuts are also types of seeds.
- Bark rubbings-take construction paper a roll of masking tape, and crayons. Try different trees to get a variety of rubbings.
- Look for different textures. Soft, rough, hard, pointy, rounded, something that goes crunch, goes swoosh, smooth, shiny.

Girl Scout Brownie’s- Wonders of Water

Please use the following activities as you visit each of our camps. Choose different activities for the different camps.

- Check the faucets at camp, to see if any have a leak.
- Measure your body weight in water weight. Weight in pounds X .65= your water weight.
- Eat a cool watery treat:
 - o Watermelon cooler: 2 cups of Watermelon chunks (no seeds), 1 cup of ice, ½ C. of plain yogurt, ½ Tablespoon honey, pinch of ginger, few drops of almond extract. Put all in a blender, blend until smooth.
- Peppermint Ice Tea
 - o Put 2 peppermint tea bags in a pitcher, have an adult add 4 cups of boiling water. Let steep for 3 minutes. Stir in a teaspoon of honey, if desired. Refrigerate, when cool, pour over ice. OR on a sunny day, use cold water instead of the hot. Place the pitcher (glass) in the sun and let the tea brew for no more than 3 hours.
- Only use reusable water bottles. Don’t use plastic.
- Explore the creeks at camp. Where does the water come from that flows thru the creeks.
- Map your Water of Wonders. Make a map of our council, label the camps, and add in where the water is at each camp. Or take pictures and make a collage of the different camps and their water sources.

Girl Scout Junior's- Get Moving

Choose different parts of the activities to do as you go out to the different camps.

- Try going off the grid for your stay at camp.
- Try car pooling, don't use electricity, and use reusable dishes and silverware. Use a flashlight or lantern, play games or read in natural light or with a flashlight.
- Eat energizing foods. Try a Walking Apple Salad: core an apple, mix peanut butter with chocolate chips and put it in the cored apple. Eat some trail mix, mixed berries, or hot apple cider after a hike in the woods.
- Go Star Gazing. Explore the difference of light pollution at each camp.
- Make sure the area you are staying in is not wasting energy or water. Even preform an energy audit at some of the camp buildings. Report your findings to the camp ranger.
- Observe animals in their natural habitat. How do they live and communicate. Can you compare animals with humans on conserving energy?
- Plan to wear clothes that will keep you warm in the cool weather or cool in the hot weather. Figure out the best type of clothing for each season in the out-of-doors.

Girl Scout Cadettes- Breathe

They can do all these at each camp to test how each facility differs from the rest.

- Be Aware. Do an air log at each facility. Set up a station or make a poster to tell others who visit camp your findings.
- Sound of Silence, can you tell which camp has more noise pollution. What is it like to go out in camp and make silent time for themselves? Log your findings and feelings.
- Take a scent hike.
- Make campfire éclairs, even s'mores show how marshmallows puff up with air. Campfire éclairs: take a canned biscuit and wrap around a stick. Once cooked through, slide off stick, and fill with either pudding or whipped cream.
- Go bird watching. Watch how the birds fly in the air, how they use their wings differently, can you tell what type of bird they are by their songs?
- Exam different types of lichen. How does it grow? What does it mean if it is growing in certain areas?
- Only at Camp Na Wa Kwa, hike along the creek bed looking for fossils. (the creek bed is past the old horse barn on the West side of camp). Discuss why we are hoping to use more wind as fuel than fossil fuel.

Girl Scout Senior's- Sow What

They may take advantage of each camp to achieve this journey. It is up to each troop or individual to choose which activities to do at the camp of their choice.

- Cook out with food grown locally.
- S'Mores with a twist-Invent new s'mores or have a s'more off. Whose recipe has the lowest food print?
- Cook using a recipe from Sow What.
- Have a mystery meal party at camp.
- Make a craft from nature, anything from a pinecone mobile to acorn ornaments.
- Go bird watching at each camp to see if there are different birds at each location. Do pesticides have any effect on the birds at certain camps than at others?

Girl Scout Ambassador's- Justice

By doing the following activities, they will be on their way to complete the journey.

- Go bird watching and compare flocks of birds to birds in single flight. What is it like to "fly" together with your friends or go solo?
- Try using the herb sage in a meal you cook at camp.
- Work with each camp to promote recycling. Make sure we don't add more pollutants into our soil or water. Before you leave for a camp visit scorecard.org to enter the zip of the camp you will be visiting. This site will tell you what environmental justice is in that area.
- Make sure you do not take plastic bottles of water to camp. Use reusable bottles.
- Take a nature hike; agree to walk in silence for at least 15 minutes. Observe sights and sounds look for nature thriving despite difficulties.