

Instructions for packing medicines

Pack medication containers in a plastic zip bag with the camper's name printed in permanent ink on the bag. All medications, vitamins, and supplements must be in original containers with the doctor's name, dosage, and any instructions clearly stated. Use our medication form to fill in the information.

For resident camp, the camp health supervisor will keep medications, vitamins, ointments, etc. in the health center during camp. On trips, we will send medications, etc. with staff. Inhalers, Epi Pens, and other necessary items will be kept with each camper's counselor as determined by the health supervisor and information on the Health History Form.

We have a supply of commonly used over-the-counter medications, so it is not necessary to send these to camp.