



Saturday, September 28, 2019

8 a.m. – 5 p.m.

Chapel Hill 7th & 8th Grade Center
7310 W 10th Street
Indianapolis, IN 46214

KEY: Many of the sessions have letters attached to them. Use the key below to help decide which sessions best fit your troop's needs!

- (D, B, J, CSA, Multi) - Sessions are geared toward that corresponding grade level (Daisy, Brownie, Junior, Cadette, Senior, Ambassador or Multi-Age)
- (All) - Geared towards all grade levels and everyone is welcome
- (Dellwood) - Please note that this session takes place at Camp Dellwood and not at Chapel Hill 7th and 8th Grade Center. Camp Dellwood is only one mile away from Chapel Hill and you are welcome to drive over and park at the barn at Camp Dellwood for this session
- (Part 1 of 2) - Sessions require two sessions to cover topic and are held without a break. When planning your schedule and registering, take note if your class is two sessions. You should register for both sessions.
- (NEW) - New sessions offered in 2019!

Schedule for the Weekend

Friday (Optional) - Camp Dellwood

Outdoor Enrichment Sessions 6-10 p.m., Fee: \$5

Saturday

1st Session: 9:00 a.m.-10:05 a.m.

2nd Session: 10:25 a.m.-11:30 a.m.

Lunch in Café, Vendors, & Shopping: 11:30 p.m.-1:00 p.m. @ Chapel Hill

3rd Session: 1:00 p.m.- 2:05 p.m.

4th Session: 2:25 p.m.- 3:30 p.m.

5th Session: 3:50 p.m.- 4:55 p.m.

Saturday Night (Optional) - Camp Dellwood

Advanced Outdoor Skills 6-10 p.m., Fee: \$5

Sunday Morning (Optional) - Camp Dellwood

Advanced Outdoor Cooking 8 a.m. – noon, Fee: \$5

Archery Certification 9 a.m. - 5 p.m., Fee: \$65



OPTIONAL: Friday, September 27th

Outdoor Enrichments at Camp Dellwood

Fee: \$5

Join us on Friday evening at the Program Center on Camp Dellwood's property for a casual evening of outdoor enrichments and networking. Sessions offered: knife safety, camp songs, and other opportunities to sharpen your outdoor skills with some of the best outdoor trainers in our council. **Note:** this is an optional training session and space is limited to the first 30 registrants. Male registrants will sleep in another building near the Program Center.

Costs \$5 and includes:

- A bunk for you to spend the night in at the Camp Dellwood Program Center
- Snack on Friday night
- Breakfast on Saturday morning
- Outdoor enrichment sessions on Friday night

Saturday, September 28, 2019

Session 1 – 9:00 to 10:05 a.m. (Choose One)

Art of Quilling – Bugs and Flowers (J, C, S, A) – Bugs and Flowers – Create a framed work of art – Bugs and flowers in the art of quilling. You will also have time to create your own masterpieces with the tools given.

Badge Day Workshop (ALL) - Want to learn how to hold a Badge Day Workshop for your troop or service unit? Join us and hear firsthand how one local Troop Leader organized her learning day for girls to earn badges at all grade levels.

Basic Outdoor Skills (Part 1 of 2) (ALL) (Dellwood) - Learn the progression of outdoor activities appropriate for your troop. Make planning outdoor experiences girl led. Review how to reserve council sites, what to pack, and important Safety Activity Checkpoints. It is recommended that you take Basic Outdoor Skills before camping with your troop. **This is a two-part session. Register for class 2 in session 2.**

CPR and First Aid Online Skills Check Off (ALL) - Two weeks prior to Kaleidoscope you will be sent a link to complete the online portion of this certification. **Session it is to test out ONLY.** You must have completed the on-line portion prior to attend this session. Certification lasts for three years. Session has additional fee of \$40 that is reflected at checkout.

Daisy/Brownie Outdoor Activities (D, B) (Part 1 of 2) (Dellwood) – Ready to step out with your Daisy or Brownie troop? Tips for focusing attention, using all of your senses, and

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discovering what lives in the woods. Learn about fun activities that you can introduce to your troop as they begin to get comfortable in the great outdoors! **This is a two-part session.**

Register for class 7 in session 2.

Fire Building (ALL) (Dellwood) – Learn one of the most important parts of the camping experience, fire building! Explore different techniques, how to safely ignite and put out a fire, along with tips and tricks to start a fire quickly (**offered 4 times as a one session class**).

Grade Level Conversation Cadette, Senior, Ambassador (CSA) - Round table conversation for Cadette, Senior and Ambassador Grade level volunteers. Discuss the Journeys and creative ways to incorporate the Girl Scout Leadership Experience (GSLE) throughout the year. Two weeks prior to Kaleidoscope you will be sent a survey asking what the top 3 things you are wanting to discuss at this class.

Knots and Lashings (ALL) (Part 1 of 2) (Dellwood) – Practice several useful knots for camping and survival situations. Go beyond knots and learn to build useful camp gadgets out of rope and wood spars using lashings.

Leading GS's on the Autism Spectrum (ALL) – Do you have girls in your troop that fall within the autism spectrum? Hear from one troop leader having a troop with autistic girls. Take back tips to your troop to ensure all girls are included and meetings are engaging for all.

Leave No Trace (ALL) (Part 1 of 2) (Dellwood) – Discover the 7 core principles used to communicate how to responsibly enjoy the outdoors with the minimum impact. These principles are the most robust and widely utilized minimum impact outdoor practices. Each principle covers a specific topic and provides detailed information for minimizing impacts. **This is a two-part session. Register for class 13 In session 2.**

New Leader Workshop (Part 1 of 2) – Learn essentials of troop management, organization and safety while incorporating the Girl Scout Leadership Experience that build G.I.R.L.'s (Go-getter, Innovator, Risk Taker and Leader)! **This is a two-part session. Register for class 14 in session 2 (offered twice class 15 section 4)**

Parent/Caregiver Involvement (ALL) – No help? Tired of doing everything? Feeling overwhelmed? Join us and learn some tips on getting all parents/caregivers to offer help.

Pocket Knife Safety (J, C, S, A) – Knowing how to handle and use knives is an important skill for girls to learn prior to using a knife. Girls may not use sharp tools until they have been instructed in the safe use of the tool by a trained adult.

Preserving Girl Scout Memories (All) (New): Did she go camping or on any Girl Scout trips? Does she remember any Girl Scout songs? What is her happiest memory of Girl Scouting? Did she save any of her Girl Scout things - what are they? In this session you will learn how to preserve your Girl Scout troop history in some fun creative ways.



Savannah Trip Planning (J, C, S, A) – The Birthplace of Girl Scouts' founder Juliette Gordon Low is Savannah, Georgia. Talk about planning, budget details, forms, what do while in Savannah and what requires advance arrangements.

Space Science Badge (D, B, J) (New)- Review the Girl Scout Space Science curriculum for Daisies, Brownie and Juniors. We will make an easy space craft for each level and discuss tips and tricks to blasting off with Space Science

World Thinking Day (ALL) - Learn what it is and why we celebrate our sister Girl Scouts and Girls Guides from around the world. See how one service unit plans their World Thinking Day, involving the community and how to encourage girl led planning as your troop creates fun and memorable activities for this event.

Session 2 – 10:25 to 11:30 a.m. (Choose One)

Art of Quilling - Holiday Cards and gift tags (J, C, S, A) – Be prepared to get creative and leave with your works of art – quilling holiday cards and gift tags. You will also have time to create your own masterpieces with the tools given.

Basic Outdoor Skills (Part 2 of 2) (ALL) (Dellwood) - This is a two-part session. Register for class 3 in session 1.

Bridging & Year End (All) (New) - The end of the year can be a hectic time for parents/caregivers and leaders. Learn how to successfully navigate the bridging and end of year activities. Learn about bridging requirements review sample bridging ceremonies, review year-end report. Gain tips on reflecting over the last year and planning for next.

Camp Property Exploration (ALL) – Learn about all five of our beautiful properties which are open year-round. Discover each camp's unique activities and materials to complete a camping experience.

CPR and First Aid Online Skills Check Off (ALL) - Two weeks prior to Kaleidoscope you will be sent a link to complete the online portion of this certification. **Session it is to test out ONLY.** You must have completed the on-line portion prior to attend this session. Certification lasts for three years. Session has additional fee of \$40 that is reflected at checkout.

Cyber Safety (D, B) – Marion County Prosecutor shares knowledge about what types of social media your children in elementary school are using. Learn about social media apps used in this age group, how to talk with youth about boundaries and tools to keep them safe, including the Girl Scout Internet Safety Pledge.

Daisy/Brownie Outdoor Activities (D, B) (Part 2 of 2) (Dellwood) – This is a two-part session. Register for class 5 in session 1 (offered twice class 8 session 3).



Event Planning (J, C, S, A)– Planning a girl-led or girl involved event for your troop or service unit? Join us as we discuss how Girl Scouts participate in planning and implementing a successful troop or service unit event.

Fire Building (ALL) (Dellwood) – Learn one of the most important parts of the camping experience, fire building! Explore different techniques, how to safely ignite and put out a fire, along with tips and tricks to start a fire quickly (**offered 4 times as a one session class**).

Focusing on Older Girl Retention (J,C,S,A): In this session you will explore the road blocks and challenges of one troop that have occurred along the way from 1st grade to 11th grade. You will hear their success and focuses as a troop. Discussion will take place on how to handle the changes needed as the girls grow older. At the end, story sharing and brainstorming will be used to help empower and encourage future efforts for all leaders!

Grade Level Conversation Junior (J) –Round table conversation for Junior volunteers. Discussion on troop leadership, Journeys and creative ways to incorporate the GSLE throughout the year. Two weeks prior to Kaleidoscope you will be sent a survey asking; what are the top 3 things you want to discuss at this class.

Knots and Lashings (ALL) (Part 2 of 2) (Dellwood) – Practice several useful knots for camping and survival situations. Go beyond knots and learn to build useful camp gadgets out of rope and wood spars using lashings.

Leave No Trace (ALL) (Part 2 of 2) (Dellwood) - This is a two-part session. Register for class 11 in session 1.

New Leader Workshop (Part 2 of 2) – This is a two-part session. Register for class 11 in session 1 (offered twice class 15 session 4).

Pocket Knife Safety (J, S, C, A) – Knowing how to handle and use knives is an important skill for girls to learn prior to using a knife. Girls may not use sharp tools until they have been instructed in the safe use of the tool by a trained adult., and Ambassadors. (**Session is offered twice class 14 session 2**)

Troop Finances (ALL) (New) - Learn how to budget, handle money, keep records, open/maintain bank account, Guidelines for year-end financials, and year-end reporting via Volunteer Toolkit. You will also walk away with best practices and how to communicate finances with parents/caregivers.

Volunteer Toolkit (ALL) - For those new to using the Volunteer Tool Kit. You can plan meetings, communicate with parents, and access new badges found ONLY on the Volunteer Toolkit.



Session 3 – 1:00 to 2:05 p.m. (Choose One)

Basic Outdoor Cooking (ALL) (Part 1 of 2) (Dellwood) – Learn introductory outdoor camping and cooking skills through this session. Training focuses on cooking without a fire, building a fire to cook over, meal planning/prepping, and one pot meals that can be prepared at camp. **This is a two-part session. Register for class 2 in session 4.**

Bored Fun on a Budget (ALL) (New)- At the end of this session participants will have a better understanding of resources they can use to find discounts, coupons, and more to stretch a dollar for outings at any age level.

Ceremonies (ALL) - Wondering what an investiture/re-dedication or other ceremonies in Girl Scouting are? Learn when to use them and how to create a memorable experience for your Girl Scout troop.

Conflict Resolution skills to use with Adults (ALL) - Learn techniques on how to effectively communicate with adult volunteers in your troop before, during or after conflicts arise.

Cookie Basics: Running a Successful Cookie Program (D, B) - Learn the basics of running a smooth, successful cookie program with your troop? In this class you will have the opportunity to learn about the cookie varieties, the 5 skills of the cookie program, the financial literacy badges, managing the money and receipts, how to engage girls and their parents, and get an overview of the eBudde cookie platform.

Coordinating a Successful Collection Drive (D, B, J) - Help your girls make an impact in the community! From planning to delivery to recognition, this class covers it all.

Cyber Safety (S, A)- Marion County Prosecutor shares their knowledge about what types of social media your children in high school are using. Learn about types of social media apps used at this age, how to talk with youth about boundaries and tools to keep them safe, including the Girl Scout Internet Safety Pledge.

Daisy/Brownie Outdoor Activities (D, B) (Part 1 of 2) (Dellwood) – Ready to step out with your Daisy or Brownie troop? Tips for focusing attention, using all of your senses, and discovering what lives in the woods. Learn about fun activities that you can introduce to your troop as they begin to get comfortable in the great outdoors! **This is a two-part session. Register for class 6 in session 4 (offered twice, class 5 session 1).**

Dutch Oven Cooking (ALL) (Part 1 of 2) (Dellwood) – Learn basics of Dutch oven cooking, how to care for a Dutch oven, how to prepare the fire to cook, and test few recipes to take back to your troop. **This is a two-part session. Register for class 7 in session 4.**

Fire Building (ALL) (Dellwood) – Learn one of the most important parts of the camping experience, fire building! Explore different techniques, how to safely ignite and put out a fire, along with tips and tricks to start a fire quickly (**offered 4 times as a one session class**).



Flag Etiquette (ALL) (New)– Learn how to properly take care of an American flag, how to perform a flag ceremony and how to dispose of a flag with honor. An important skill/ceremony to bring back to your troop.

From Community Service to Take Action Projects (ALL) - Is your troop having a hard time differentiating between what is a community service project and what is a take action project? Take away some great ideas to help your troop plan a meaningful take action project.

Journey in a Day CSA – Breathe Journey (C, S, A) (New) - Hosting a Journey in a Day doesn't have to be stressful or overwhelming. Learn how to find the right resources, plan the day, and keep it Girl-Led! Session will focus on the *Breathe Journey* completed during a troop's overnight.

Journey In a Day Junior - Agent of Change Journey (J) – Come learn about how a local troop leader guided her troop through the Girl Scout Leadership experience with *The Agent of Change Junior Journey - It's your World Change it!*

Outdoor Progression (ALL) - Discover the core skills Girl Scouts learn through outdoor experiences. Learn how to provide opportunities in which girls can practice the skills, facilitate ongoing support and locate resources to make your leadership experience rewarding and fun. Learn how to progress from taking a walk at a local park to going on a ten-day backpacking trip.

Pie Iron Cooking (ALL)(Dellwood) – Learn to cook over a fire using a pie iron. This classic cooking utensil can be used to create an entire menu of food using just one tool!

SWAPS (ALL) – Special Watchamacalits Affectionately Pinned Somewhere! A long-standing Girl Scout tradition. Learn to make cute little thingies to trade with other troops at Girl Scout events.

Session 4 – 2:25 to 3:30 p.m. (Choose One)

Badge in a Bag (ALL) (New)– Not every badge can be done at a meeting or as a troop. This program will show you how to create a take home badge program for your girls to complete. Session is for all levels but will focus on Brownie and Junior.

Basic Outdoor Cooking (ALL) (Part 2 of 2) (Dellwood) – This is a two-part session. Register for class 1 in session 3.

Body Image and your GS (C, S, A) -Building girls of courage and confidence isn't always easy when there is so much pressure on their self and body image. Hear from a professional on how societal and peer pressures can lead to unhealthy self-care habits for girls Learn how to



spot the signs of unhealthy choices and how to help your Girl Scout feel good about the body they're in.

Cheapskates: How and Where to get Freebies! (ALL) (New)- At the end of this session participants will have a better idea on where, who and how they can get information from for getting the most out of Girl Scouts while not spending a dime.

Cyber Safety (J, C) - Marion County Prosecutor shares knowledge about what types of social media your children in older elementary/middle school are using. Learn about social media apps used in this age group, how to talk with youth about boundaries and tools to keep them safe, including the Girl Scout Internet Safety Pledge (**offered twice; class 3 session 5**).

Daisy/Brownie Outdoor Activities (D, B) (Part 2 of 2) (Dellwood) – This is a two-part session. Register for class 8 in session 3 (**offered twice; class 5 session 1**).

Dutch Oven Cooking (ALL) (Part 2 of 2) (Dellwood) – This is a two-part session. Register for class 9 in session 3.

Fire Building (ALL) (Dellwood) – Learn one of the most important parts of the camping experience, fire building! Explore different techniques, how to safely ignite and put out a fire, along with tips and tricks to start a fire quickly (**offered 4 times as a one session class**).

Flag Etiquette (ALL) (New)– Learn how to properly take care of an American flag, how to perform a flag ceremony and how to dispose of a flag with honor. An important skill/ceremony to bring back to your troop.

Grade Level Conversation Brownie (B) – Round table conversation for Brownie volunteers. Focus on leading troop meetings, troop management, Journeys, the Volunteer Tool Kit and creative ways to incorporate the GSLE throughout the year. Two weeks prior to Kaleidoscope you will be sent a survey asking; what are the top 3 things you want to discuss at this class.

Hershey Kiss Bouquets (ALL) - A favorite every year chocolate kisses are the foundation for rosebud-looking flowers that make a wonderful bouquet. **Bring a coffee mug to hold your arrangement.**

High Adventure Travel (J, C, S, A) – Girl Scout Troop 1898 took an adventurous 10-day backpacking trip out west. They traveled over 2000 miles, visited five National Parks; Grand Canyon-quick stop at Hoover Dam-Death Valley-Yosemite-Kings Canyon-Sequoia, and hiked over thirty (30) miles! Learn from the leader and two girls on how they planned, saved and made it girl led.

Journey in a Day Daisy – 5 Flowers, 4 Stories, 3 Cheers for Animals! (D) (New)– Learn how a troop leader guided her troop through the Girl Scout Leadership Experience with *The 5 Flowers, 4 Stories, 3 Cheers for Animals Journey- It's your Story-Tell it!* While session will contain specific examples from this Journey, learn skills that will help you prepare your own Journey in a Day events for ALL of the Girl Scout Journeys!



Knots and Lashings (ALL) (Part 1 of 2) (Dellwood) – Practice several useful knots for camping and survival situations. Go beyond knots and learn to build useful camp gadgets out of rope and wood spars using lashings. **This is a two-part session. Register for class 8 in session 5 (offered twice; class 8 session 1).**

New Leader Workshop (Part 1 of 2)– Learn essentials of troop management, organization and safety while incorporating the Girl Scout Leadership Experience that build G.I.R.L.'s (Go-getter, Innovator, Risk Taker and Leader)! **This is a two-part session. Register for class 10 in session 5 (offered twice, class 11 session 1).**

No Supplies, No Problem (ALL) - Forgot something? 20 Minutes left of your meeting and you've already done the lesson? No problem. Learn lots of fun activities to pull out of your back pocket. Many of these activities require no supplies; none of them require more than paper and markers.

Yoga (ALL) (New)– This yoga session is for all ability levels. Enjoy a relaxing flow at Kaleidoscope and take some time for yourself! Bring a mat, wear comfortable clothes and get ready to breathe deeply with our certified yoga instructor. **(Session is offered twice; class 17 session 5)**

Session 5 – 3:50 to 4:55 p.m. (Choose One)

Adult Recognition (ALL) – Recognizing volunteers is key in retaining great volunteers. Join us as we review GSUSA awards, as well as, best practices for writing a strong nomination. Explore various ways to recognize both new and experienced volunteers. There will be NEW timelines to turn them in for 2018-2019 year. Get a head start in recognizing your peers!

Backpacking (J, C, S, A) (New) - Do your girls love to camp? Are they ready for the next adventure? Backpacking is the next step! Learn about possible destinations, what gear you'll need, food options, and basics about getting ready.

Cyber Safety (J, C) - Marion County Prosecutor shares knowledge about what types of social media your children in older elementary/middle school are using. Learn about social media apps used in this age group, how to talk with youth about boundaries and tools to keep them safe, including the Girl Scout Internet Safety Pledge **(offered twice; class 5 session 4).**

Grade Level Conversation Daisy (D) – Round table conversation for Daisy volunteers. Focus on leading troop meetings, parent involvement, Journeys and creative ways to incorporate the GSLE throughout the year. Two weeks prior to Kaleidoscope you will be sent a survey asking; what are the top 3 things you want to discuss at this class.

Higher Awards (All) (New)- Learn about the Girl Scout Gold, Silver, and Bronze awards that are awarded to Junior, Cadette, Senior, and Ambassadors. You will learn about how girl scouts can complete inspiring projects to earn the prestigious awards.



Including not Excluding (ALL) (New)- Do you have girls in your troop that linger to the side and don't actively participate? Do you have girls with challenges in your troop? Learn to adapt your troop to ensure the girls are included and still make everything engaging for all.

Journey in a Day Brownie Quest (B) (New) - Hosting a Journey in a Day doesn't have to be stressful or overwhelming. Find the right resources, how to plan for the day, and how to keep the day Girl-Led! Session focusing on the *Brownie Quest* but will outline how to turn any Girl Scout Journey into a day of fun and learning.

Knots and Lashings (ALL) (Part 2 of 2) (Dellwood) - This is a two-part session. Register for class 14 in session 4 (offered twice, class 8 session 1).

Managing a Multi-age Level Troop (Multi) - Round table conversation for Multi-age level troop leaders. Focus on leading troop meetings, getting your girls in the outdoors, Journeys and creative ways to incorporate the GSLE throughout the year with a multi-age troop. Two weeks prior to Kaleidoscope you will be sent a survey asking: what are the top 3 things you want to discuss in this class.

New Leader Workshop (Part 2 of 2)- This is a two-part session. Register for class 15 in session 4 (offered twice, class 11 session 1).

Older Girl Troop Travel (J, C, S, A) - Participate in a discussion on the ins and outs of troop travel planning with older girls. From girl led preparation, Safety Activity Checkpoints, communication, preparing girls/parents for trip and finances.

Outdoor Activities in a Bag (ALL) - Plan B in a Ziplock bag! Learn a variety of outdoor activities to use from sunrise to after sunset. Help the girls, see, smell, touch, hear and enjoy the outdoors with girls.

Songs, Games, and Skits (ALL) (New)- Walk away with a new library of songs, games, and skits and be able to share with your girls.

Stick Cooking (ALL) (Dellwood) - There's more than hot dogs and s'mores to cook! Discover different types of stick cooking, how to prepare a fire to cook over, and then you will test out a few recipes you can bring back to your troop.

Troop Leadership Styles with Girl Scout Activities (ALL) - A fun, interactive session that explores different leadership styles. How to use them and when while leading Girl Scouts activities during troop meetings or those planned for outside locations.

Year Calendar Planning (New)(ALL) - Learn how to plan a successful year and balancing Girl Scouts with a busy family schedule. Gain best tips to planning a successful troop calendar year. Some topics include troop meetings, parent meetings, service unit events, council events, trips, camping, etc.



Yoga (ALL) – This yoga session is for all ability levels. Wind down a great day of training with a focus on you! Enjoy a relaxing flow at Kaleidoscope and take some time for yourself! Bring a mat, wear comfortable clothes and get ready to breathe deeply with our certified yoga instructor.

OPTIONAL: Saturday Night, September 28th

Outdoor Enrichments at Camp Dellwood

Fee: \$5

Time: 6-10 p.m.

Session: Advanced Outdoor Skills and Night Hiking

Learn advanced outdoor skills and then go on a night hike around Camp Dellwood. Fee includes a bunk for you to spend the night in at the Camp Dellwood Program Center and dinner. You are not required to spend the night once the session is completed.

OPTIONAL: Sunday Morning, September 29th

Outdoor Enrichments at Camp Dellwood

Fee: \$5 (Advanced Outdoor Cooking) or \$65 (Archery Certification)

Learn to advanced cooking techniques or spend the day getting certified in archery so that you can check out equipment from any of our camp properties. Fee includes breakfast and any materials needed for the sessions.

Time: Advanced outdoor cooking 8 a.m. to noon. Archery runs 9 a.m. to 5 p.m.

So...What are you going to attend at Kaleidoscope this year!?

There are over 80 sessions to choose from! Arrive on Friday, stay for the weekend, or just pop in on Saturday to get the skills you need to have a fun and safe year with your troop! The choice is yours! Bring 2-3 volunteers from your troop so that you can divide and conquer more of the sessions offered throughout the weekend.

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